

# Peasmarsh Place Newsletter

### Activities

## Help us keep our residents safe!!!!



This month residents have been keeping up with their exercises regularly, they incorporate exercise bands to further increase the benefit of the exercise

Please do not visit if you have signs or symptoms of Noro Virus, Flu or Covid-19

The sun shining has given opportunity to allow residents to sit on the terrace and enjoy the tranquility and the views.



If you have had Noro virus please wait 48 hours after last symptoms before visiting.



There have also been some crafting activities this month, some of the residents enjoyed a session flower arranging.

This month Pat celebrated her birthday We wish her many happy returns



## Meet the team!



This month we are meeting Mags.

Mags joined Peasmarsh Place in 1994!

Mags has a keen eye to keep the house sparkling.

In her spare time Mags likes to spend time gardening or with her grandchildren.

#### **Up and coming events**

Easter Party - Saturday 19<sup>th</sup> April 2025 from 11am please RSVP Jempsons - Wednesday 23<sup>rd</sup> April Lotus massage therapy - Friday 25<sup>th</sup> April from 10.30am